

Next Step Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wake-Up/Breakfast Clean Room Hygiene 6:30AM - 7:45AM	Wake-Up/Breakfast Clean Room Hygiene 6:30AM - 7:45AM	Wake-Up/Breakfast Clean Room Hygiene 6:30AM - 7:45AM	Wake-Up/Breakfast Clean Room Hygiene 6:30AM - 7:45AM	Wake-Up/Breakfast Clean Room Hygiene 6:30AM - 7:45AM	Wake-Up/Breakfast Clean Room Hygiene 8:00AM - 9:00AM	Wake-Up/Breakfast Clean Room Hygiene 8:00AM - 9:00AM
Meditation 7:45AM - 8:30AM	Meditation 7:45AM - 8:00AM	Meditation 7:45AM - 8:00AM	Meditation 7:45AM - 8:00AM	Meditation 7:45AM - 8:00AM	Meditation 9:00AM - 9:15AM	Meditation 9:00AM - 9:15AM
*School 8:30AM - 10:30AM	*School 8:00AM - 10:30AM	*School 8:00AM - 10:30AM	*School 8:00AM - 10:30AM	*School 8:00AM - 10:30AM	Super Clean 9:15AM - ???	Group Jobs/ Church 9:15 AM - 10:15AM 10:15AM - 12:00PM
Group Jobs 10:30AM - 12:00PM	Group Jobs 10:30AM - 12:00PM	Group Jobs 10:30AM - 12:00PM	Group Jobs 10:30AM - 12:00PM	Group Jobs 10:30AM - 12:00PM		
Lunch Time 12:00PM - 12:45PM	Lunch Time 12:00PM - 12:45PM	Lunch Time 12:00PM - 12:45PM	Lunch Time 12:00PM - 12:45PM	Lunch Time 12:00PM - 12:45PM	Lunch Time 12:00PM - 12:30PM	Lunch Time 12:00PM - 12:30PM
Community Center 12:45PM - 2:00PM	Community Center 12:45PM - 1:30PM	Community Center 12:45PM - 2:00PM	Community Center 12:45PM - 2:00PM	Community Center 12:45PM - ???	Super clean Free Time 12:30PM - 2:00PM	Meal Clean 12:30PM-1:00PM
Group Therapy 2:00PM - 4:00PM	Relapse Group 1:30PM - 3:30PM	Group Therapy 2:00PM - 4:00PM	Group Therapy 2:00PM - 4:00PM	Group Therapy 2:00PM - 4:00PM		Family Group 1:00PM - 2:00PM
Free Time Assignments Treatment Work 1:1's 4:00PM - 5:00PM	Peer Group 3:30pm - 5:00PM	Indoor/ Outdoor Activities 4:00PM - 5:00PM	Phone Night 4:00PM - 7:30pm	Store or Indoor/ Outdoor Activities 3:30PM-5:00PM	Indoor/ Outdoor Activities 2:00PM - 11:00PM	Family Sessions 2:00PM - 5:00PM
	Supper/ Pizza Night 5:00PM - 6:30PM					
Supper Time 5:00PM - 6:00PM	Kitchen Clean-Up 6:00PM - 6:30PM	Kitchen Clean-Up 6:00PM - 6:30PM	Supper Time 5:00PM - 6:00PM			
Kitchen Clean-Up 6:00PM - 6:30PM	Games/Drawing Study or Free Time 6:30 p.m. - 7:30 p.m.	Kitchen Clean-Up 6:00PM - 6:30PM	Phone Night Cont. 6:00PM - 7:30PM	Kitchen Clean-Up 6:00PM - 6:30PM		
Study/ Free Time 6:30PM - 7:30PM		YMCA or Meeting 6:30PM-9:30PM	1:1's - Assignments Treatment work 7:30PM - 9:30PM	NA / AA On The Road according to schedule - 11:00PM		
YMCA 7:30PM - 9:30PM	NA / AA 8:00PM - 9:00PM		Free Time 7:30PM - 9:30PM			
Snack/Reflections 9:30PM - 10:00PM	Snack/Reflections 9:00PM - 10:00PM	Snack/Reflections 9:30PM - 10:00PM	Snack/Reflections 9:30PM - 10:00PM	Snack/Reflections 11:00PM - 11:30PM	Snack/Reflections 11:00PM - 11:30PM	Snack/Reflections 9:00PM - 10:00PM
In Room 10:00PM - 10:30PM	In Room 10:00PM - 10:30PM	In Room 10:00PM - 10:30PM	In Room 10:00PM - 10:30PM	In Room 11:30PM - 12:00AM	In Room 11:30PM - 12:00AM	In Room 10:00PM - 10:30PM
Lights Out 10:30PM	Lights Out 10:30PM	Lights Out 10:30PM	Lights Out 10:30PM	Lights Out 12:00AM	Lights Out 12:00AM	Lights Out 10:30PM

* 9:30AM Room Check

If no school - Group in the morning at 10:00AM-11:30AM