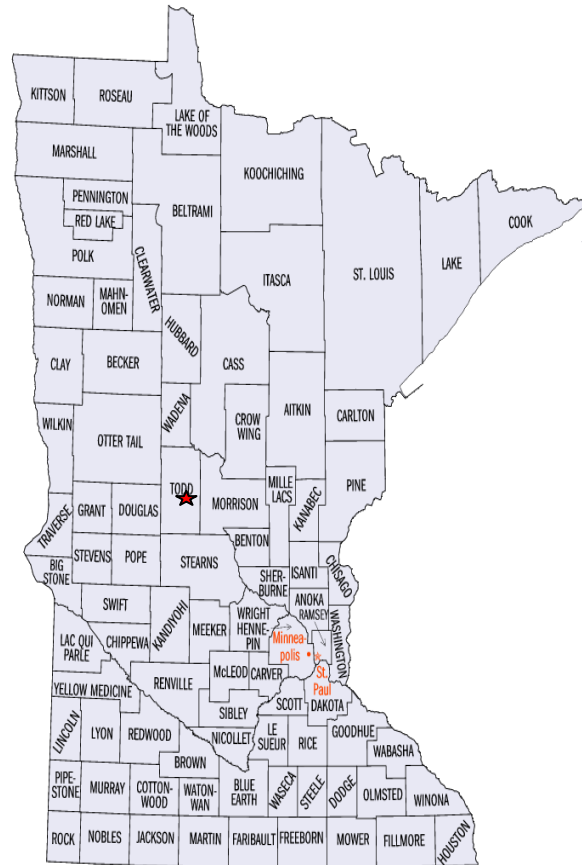


Goals and Purpose

The staff at ANEWAY is committed to the basic right of our clients to make an informed choice regarding their chemical use. ANEWAY promotes an abstinence based life style which includes the 12 Step model of recovery, as well as using alternative resources of support.

OBJECTIVES ARE AS FOLLOWS:

1. To assist the client in identifying how their chemical use has affected others in their life (family, friends, co-workers, society, etc.)
2. To assist and encourage the client in accepting responsibility for their choices and their recovery.
3. To assist the client in identifying faulty thought patterns that lead to behavioral / problematic patterns in life.
4. To assist the client in learning to identify and express emotions in an appropriate manner.
5. To assist the client in improving communication skills including conflict resolution.



ANEWAY

*Adult Non Residential Chemical
Dependency
Treatment Facility*

Located in North Central Minnesota

518 2nd Ave. NE
Staples, MN 56479
(218) 894-1345
Fax: (218) 894-0035

Email:

dianen@nextstepgo.com
julien@nextstepgo.com

ANEWAY is affiliated with Next Step,(a male adolescent Treatment Facility) both are located in Staples, MN. 218-894-0034. They're owned and operated by: Julie A. Nelson, MS,LMFT,LADC

ANEWAY uses the MN model, utilizing a Bio / Psych /Social Philosophy. We believe that recovery consists of more than abstinence. It also includes challenging thought patterns, managing emotions, improving relationships, and identifying current and future goals and ways to achieve those goals.

ANEWAY utilizes a group concept encouraging clients to challenge, encourage, and support each other. Sessions consist of group therapy, education, and client presentation of assignments.

Office Hours

Monday – Thursday
8am – 5pm

Programs Offered

- 70 Hour Primary Program
- 50 Hour Relapse Prevention Program
- Continuing Care

Hours of service are based on individual needs and may fluctuate, depending on client progress.

- Groups meet on Tuesday & Thursday 6-9p.m.
- Continuing Care clients attend once per week from 6-8p.m. (Tuesday). Or 10am-12p.m. Wednesdays
- Day Group is held on Monday & Wednesdays from 9a.m. to 12p.m.
- Individual counseling available as needed to ANEWAY clients

Services Offered

Individual Counseling

Family educational sessions

Group Counseling

Client education (i.e.: disease concepts)

Individualized Treatment Plan

Role Modeling

12 Step educations

Coping skills

Monthly written progress reports

Aftercare planning and recommendations

Reunification of Family

Client education (i.e.: HIV, Tuberculosis and STD's)

Relapse Prevention Education

Traditional Counseling

Sweats & Smudging

7 Sacred Values